Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Ridder Elke HEADCOACH

Coaches: De Letter Gerard

Coaches: Vanderrijst Ananza

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 8: 200M BREASTSTROKE MEN 13+ Heat:2, starttime: 16:10

Heat: 2/3 Lane : 3 Athlete: VAN NEER LOWIEK **Q-time: 02:59:47**

PB (25m pool): 02:59.47 Lokeren 05/04/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:41.09		01:27.65		02:14.79		02:59.47
		00:41.09		*00:46.56*		*00:47.14*		*00:44.68*
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Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+ Heat:5, starttime: 16:50

Heat: 5/6 Lane : 4 Athlete: VAN NEER LOWIEK **Q-time: 01:08:27**

PB (25m pool): 01:08.27 Dendermonde. 14/11/2026 **PB (50m pool):** 01:09.97 **SB:** 01:08.27 Dendermonde. 14/11/2026

	25M	50M	75M	100M	
PB		00:33.66		01:08.27	
		00:33.66		*00:34.61*	
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Coach feedback: